## ORGANIC COOKERY WORKSHOP SCHEDULE

|             | SUNDAY 22TH OCTOBER  | MONDAY 23TH OCTOBER  | TUESDAY 24TH OCTOBER   |
|-------------|--|--|--|
| 9h30-9h45   | Trade show opening   | Trade show opening   | Trade show opening   |
| 9h45-10h00  |  |  | ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,  |
| 10h00       | 10h00-10h45  | 10h00-10h45  | 10h00-10h45  |
| 10h15-10h30 | Green pumpkin and squid curry  | Tataki style Interbev organic beef tostaditas, mullet roe and whisky | Superfood: Brazil nut milk kuzu / liquorice / mushrooms with Macau pepper / aronia ketchup |
| 10h30-10h45 | Frédéric Jaunault, Meilleur Ouvrier de France Fruit & Vegetables category                      | Lucas Felzine (UMA)  | Romain le Cordroch (MaSa*)   |
| 10h45-11h00 |  |  |  |
| 11h00       | 11h00-11h45  | 11h00-11h45  | 11h00-11h45  |
| 11h15-11h30 | Smoked oyster tempura, vichyssoise mousse  | Tataki style beef tostaditas, mullet roe and whisky                  | Interbev organic ham, glazed, cranberries, tofu, crispy buckwheat                          |
| 11h30-11h45 | Stéphane Pitré (Louis)   | Lucas Felzine (UMA)  | Romain le Cordroch (MaSa*)   |
| 11h45-12h00 |  |  |  |
| 12h00       |  | 12h00-12h45  | 12h00-12h45  |
| 12h15-12h30 |  | Lacto-fermentation   | Marbled lamb, red cabbage, blueberries and granny smith                                    |
| 12h30-12h45 |  | Angèle Ferreux-Maeght (La Guinguette d'Angèle)                       | Jean-Christian Dumonet, (Joséphine) & Romain Gicquel (La Ferme des Voisins)                |
| 12h45-13h00 |  |  |  |
| 13h00       | 13h00-13h45  | 13h00-13h45  | 13h00-13h45  |
| 13h15-13h30 | Lichen steamed Interbev organic lamb, organic samphire   | Interbev organic veal tartare, shellfish bouillon, celeriac crisps   | Vegan cuisine: "faux gras" raviolis with shitake, served in Thai bouillon                  |
| 13h30-13h45 | Stéphane Pitré (Louis)   | Sophie Rio (AG Les Halles)   | Caroline Pivain, Gentle Gourmet  |
| 13h45-14h00 |  |  |  |
| 14h00       | 14h00-14h45  | 14h00-14h45  | 14h00-14h45  |
| 14h15-14h30 | Sweetcorn velouté with shellfish stock, pan-fried king prawns with chorizo and fresh coriander | Organic cakes / pastries: Pear, Chestnut, Parsely                    | Poached egg, mature Comté and roasted hazelnuts  |
| 14h30-14h45 | Thierry Dufroux (Bistrot Belhara)  | Julien Noray (AG Les Halles)   | Jean-Christian Dumonet, (Joséphine) & Romain Gicquel (La Ferme des Voisins)                |
| 14h45-15h00 |  |  |  |
| 15h00       | 15h00-15h45  | 15h00-15h45  | 15h00-16h45  |
| 15h15-15h30 | Spelt risotto with Parma ham   | Anti-waste: Cauliflower from head-to-toe                             | Vegetarian cuisine: cep, feta and dried currant raviolis, cep bouillon                     |
| 15h30-15h45 | Thierry Dufroux (Bistrot Belhara)  | Alban Drevet (La Véraison)   | Pierre Meneau (Cromexquis)   |
| 15h45-16h00 |  |  |  |
| 16h00       | 16h00-16h45  | 16h00-16h45  |  |
| 16h15-16h30 | Christmas muffins with wild plants from Auvergne   | Vegan cakes and pastries   |  |
| 16h30-16h45 | François Gagnaire (Anicia Bistrot) & Happy Plantes   | Bérénice Leconte (VG Patisserie)                                     |  |
| 16h45-17h00 |  |  |  |
| 17h00       | 17h00-17h45  |  |  |
| 17h15-17h30 | Plant-infused crème brulée   |  |  |
| 17h30-17h45 | François Gagnaire (Anicia Bistrot) & Happy Plantes   |  | Trade show closing   |
| 17h45-18h00 |  |  |  |
| 18h00       |  |  |  |
| 18h15-18h30 |  |  |  |

Trade show closing

18h30

Trade show closing